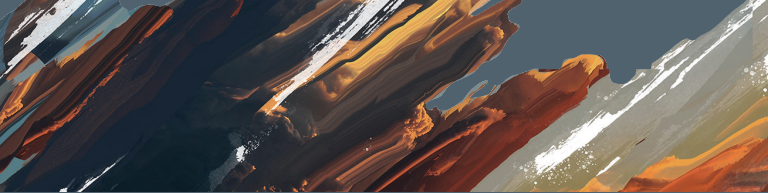


TRUST & OBEY

The Wilderness Period

REFLECT | Week 6 | Exodus 15–18

1. Share one idea from this message that resonated with you.
2. After the dramatic deliverance from the Red Sea, the Israelites let their trust in God slip again. They were unable to trust God could provide something as simple as water. What caused this trust to vanish? How are you similar or different?
3. At the first sign of trouble, Israel longs for a return to Egypt. Have today's challenges ever caused you to long for things from which God already delivered you? How might this perspective shift?
4. Has God ever met a need in a surprising way? Describe a time when you received provision from God in an unexpected way. Did this shift your experience of trusting God?
5. It is easy to criticize the Israelites for their lack of trust, but how often do we demonstrate a similar lack? Have you ever grumbled at God in a moment when things did not go the way you wanted?



6. Christians believe that God gifts and shapes everyone to do God's good work in the world. Do you share this same belief? If so, what gifts do you believe God is creating in you and how might you use them to meet the needs of the world around us?

RESPOND | We live at a time when our dominant culture finds many reasons to grumble. Consider taking an intentional departure from the criticism so commonly experienced today. This week, start your day with one sentence of gratitude. Type or write it down. Pause to offer a short prayer that expresses your gratitude for that one thing. Share a few of your gratitude notes with others this week.

READ | Exodus 17–19